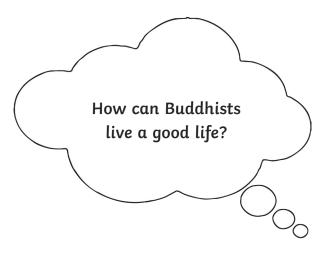
Nirvana Day

Buddhists believe in a cycle of birth, death and rebirth but they can escape this cycle by living a good life and following the Buddha's teaching. Nirvana Day commemorates the death of the Buddha. Buddhists believe that when the Buddha died, he entered Nirvana, which is the Buddhist afterlife (like the idea of heaven). Can you think of ways Buddhists could live a good life and enter Nirvana? Write them below and draw pictures to show some of your ideas.



Challenge! Buddhists believe that death is a part of life and so people shouldn't feel too sad about it. Using books and the Internet, find out which other faiths teach about death.



Nirvana Day

Buddhists believe in a cycle of birth, death and rebirth but they can escape this cycle by living a good life and following the Buddha's teaching called the Noble Eightfold Path. Nirvana Day commemorates the death of the Buddha. Buddhists believe that when the Buddha died, he entered Nirvana. Can you think of ways Buddhists could follow some of the teachings of the Noble Eightfold Path? Write them below.



Challenge! Buddhists believe that death is a part of life and so people shouldn't feel too sad about it. Using books and the Internet, find out which other faiths teach about death.



Nirvana Day

Buddhists believe in reincarnation but they can escape the cycle of life, death and rebirth by living a good life and following the Buddha's teaching called the Noble Eightfold Path. Nirvana Day commemorates the death of the Buddha. Buddhists believe that when the Buddha died, he entered Nirvana. Can you think of ways Buddhists could follow some of the teachings in the Noble Eightfold Path? Write them below.



Challenge! Buddhists believe that death is an inevitable part of life and so people shouldn't grieve too much. Using books and the Internet, find out which other faiths teach about death.

